

# GREAT NECK SENIOR CENTER, INC

August 2010 (Center)



**LUNCH SERVED**

Mon.-Friday. 12 PM

**Funded by:**

Nassau County Dept  
Senior Citizen Affairs  
through the New York  
State Office for the Aging  
Town of North  
Hempstead  
Great Neck United  
Community Fund  
NYS Dept. For Aging  
Great Neck Public  
Schools  
Villages of Great Neck

**SERVICES**

Nutrition  
Transportation  
Social Services  
Intergenerational Program  
Health Service  
Continuing Education  
New Option  
Social Groups  
Veterans Group

**SUGGESTED  
DONATION  
FOR LUNCH**

**\$3.00**

**MENU IS SUBJECT  
TO CHANGE**

**RESERVATION  
REQUIRED**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> ROAST CHICKEN POTATO SALAD MIXED VEGETABLES WHEAT BREAD PEACHES OR PUDDING MILK <span style="float: right;">GNG</span>	<b>3</b> BREADED FISH W/ LEMON & TARTAR SAUCE MANHATTAN CLAM CHOWDER BROWN RICE SPINACH RYE BREAD PINE APPLCHUNKS MILK <span style="float: right;">WI</span>	<b>4</b> EGGPLANT PARMESAN GARDEN SALAD W/ CHICK PEAS BROCCOLI ROLL PUDDING MILK <span style="float: right;">BM</span>	<b>5</b> WHOLE WHEAT PENNE W/MEATBALL & MARINARA SAUCE TOMATO SOUP BROCCOLI ITALIAN BREAD MANDARIN ORANGES MILK <span style="float: right;">WI</span>	<b>6</b> SEAFOOD SALAD OVE MIXED GREENS W/TOMATO & CUCUMBER LENTIL SOUP RED POTATO SALAD RYE BREAD CHOCOLATE PUDDING MILK <span style="float: right;">WI</span>
<b>9</b> EGGPLANT PARMESAN GARDEN SALAD W/ CHICK PEAS BROCCOLI ROLL PUDDING MILK <span style="float: right;">BM</span>	<b>10</b> RIGATONI W/ MEAT SAUCE JUICE TOSSED SALAD ITALIAN BREAD PEACHES MILK <span style="float: right;">WI</span>	<b>11</b> ROAST CHICKEN COLE SLAW MIXED VEGETABLES WHEAT BREAD FRUIT COCKTAIL OR PUDDING MILK <span style="float: right;">GNG</span>	<b>12</b> HAMBURGER CHEESE VEGETABLE SOUP BAKED BEANS COLE SLAW BUN WATERMELON MILK <span style="float: right;">WI</span>	<b>13</b> CHEESE TORTELINI W/ MARINARA SAUCE WHITE BEAN & SPINACH SOUP TOSSED SALAD ITALIAN BREAD PEARS MILK <span style="float: right;">WI</span>
<b>16</b> ROAST CHICKEN POTATO SALAD MIXED VEGETABLES WHEAT BREAD FRUIT COCKTAIL OR PUDDING MILK <span style="float: right;">GNG</span>	<b>17</b> BREADED CHICKEN CUTLET W/ GRAVY VEGETABLE BEAN SOUP BROWN RICE PEAS RYE BREAD PEARS MILK <span style="float: right;">WI</span>	<b>18</b> EGGPLANT PARMESAN GARDEN SALAD W/ CHICK PEAS BROCCOLI ROLL PUDDING MILK <span style="float: right;">BM</span>	<b>19</b> BROCCOLI & CHEDDAR QUICHE JUICE HOME FRIES SPINACH RYE BREAD PINEAPPLE CHUNKS MILK <span style="float: right;">WI</span>	<b>20</b> BREADED FISH W/ LEMON & TARTAR SAUCE LENTIL SOUP RED POTATOES KALE WHEAT BREAD CAKE MILK <span style="float: right;">WI</span>
<b>23</b> ROAST CHICKEN COLE SLAW MIXED VEGETABLES WHEAT BREAD PEACHES OR PUDDING & MILK <span style="float: right;">GNG</span>	<b>24</b> TACOS W/ FROUND BEEF VEGETABLE SOUP SHREADED LETTUCE FLOUR TORTILLA CHIRROS MILK <span style="float: right;">WI</span>	<b>25</b> ROAST CHICKEN POTATO SALAD CARROTS WHEAT BREAD PEACHES OR PUDDING & MILK <span style="float: right;">GNG</span>	<b>26</b> TURKEY BURGER W/ CHEESE LENTIL SOUP POTATO SALAD COLE SLAW BUN MIXED FRUIT MILK <span style="float: right;">WI</span>	<b>27</b> CHEESE MINICOTTI W/ MARINARA SAUCE WHITE BEAN & SPINACH SOUP BROCCOLI ITALIAN BREAD PINEAPPLE CHUNKS MILK <span style="float: right;">WI</span>
<b>30</b> PIZZA PRANGE JUICE TOSSED SALAD W/ CHICK PEAS PUDDING OR PEACHES MILK <span style="float: right;">GN KOSHER PIZZA</span>	<b>31</b> POT ROAST W/ GRAVY MUSHROOM BARLEY SOUP MASHED POTATOES KALE RYE BREAD VANILLA PUDDING MILK <span style="float: right;">WI</span>			

WI- WEBB INSTITUTE GNG-GREAT NECK GLATT BM- BAGEL MENTCH